

## YOGA

	Class Level (All Beginners)	Time
MON	Group A	5.30 am - 7.00 am
	Group B	8.30 am - 10.00 am
	Group C	5.30 pm – 7.00 pm
TUES	Group A	5.30 am - 7.00 am
	Group B	8.30 am - 10.00 am
	Group C	5.30 pm – 7.00 pm
WED	Group A	5.30 am - 7.00 am
	Group B	8.30 am - 10.00 am
	Group C	5.30 pm – 7.00 pm
THUR	Group A	5.30 am - 7.00 am
	Group B	8.30 am - 10.00 am
	Group C	5.30 pm – 7.00 pm
FRI	Group A	5.30 am - 7.00 am
	Group B	8.30 am - 10.00 am
	Group C	5.30 pm – 7.00 pm

